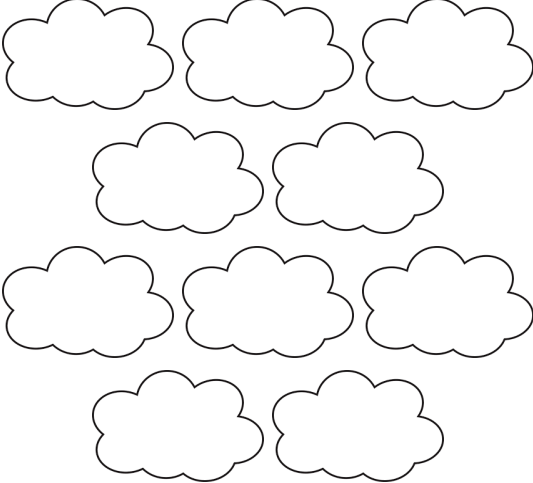


BRAIN WARM-UP

<p>At least 400 million people have no basic healthcare.¹</p> <p>What do you think basic healthcare includes?</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Over 40% of all countries have fewer than 1 medical doctor per 1,000.²</p> <p>Name three kinds of doctors:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p>Good health and well-being involves not only physical health, but mental health as well.</p> <p>List three things that you think can help improve overall mental health:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p>9 out of 10 people breathe air that exceeds World Health Organizations Guidelines limits containing high levels of pollutants.³</p> <p>Colour 9 of 10 clouds grey below:</p> 

¹Goal 3: Good health and well-being. (n.d.). Retrieved from

<https://www.undp.org/content/undp/en/home/sustainable-development-goals/goal-3-good-health-and-well-being.html>

²Health – United Nations Sustainable Development. (n.d.). Retrieved from <https://www.un.org/sustainabledevelopment/health/>

³9 out of 10 people worldwide breathe polluted air, but more countries are taking action. (n.d.). Retrieved from <https://www.who.int/news/item/02-05-2018-9-out-of-10-people-worldwide-breathe-polluted-air-but-more-countries-are-taking-action>



GOAL 3: GOOD HEALTH AND WELL-BEING

